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Charcoal: A Memoir Of An Alcoholic

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a Memoir of an Alcoholic



R.A. St. Clair



Synopsis

R.A. St. Clair writes a heart-wrenching account of her life as an alcoholic. She graphically recounts her journey from teen to adult in the grips of alcohol at every step. Through college life, marriage, motherhood, and the pain and dysfunction caused by alcohol. Amid shattered relationships and squandered opportunities she is unable to resist the allure of drinking. This is an ultimately hopeful journey and is a recommended read for anyone who is struggling with alcohol addiction.

Book Information

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Customer Reviews

Alcohol overdoses kill more people than drug overdoses. Eventually we alkies must realize that alcohol will kill us too if we don't stop. Be brutally honest. In the end, drinking isn't fun anymore and this short read is another good example of the wasted lives and crazy time alcohol abuse produces.

I totally saw myself in this memoir. I too have made a commitment to stop drinking. This short read book, made me look at myself and help me want to stay sober.

This book is short and to the point and resonated with me deeply. As a woman with almost two

years sober, I can relate with her memoir. Worth the read.

I couldn't tell it ANY better... I'm going on 3yrs completely sober of alcohol and street drugs. And I'm inspired by your story. Thank you.

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